

Ways to Remember Boldly on a birthday

After our children leave us, it can be difficult to celebrate that pivotal day that they first blessed us, especially if it was also their last. However, what better way to celebrate your special child's existence than by doing something purposeful on their day of birth? Here are some ideas to celebrate the day they were born:

- Random act of kindness
- Make a cake for your family
- Donate gifts to a family in need
- Go to the movies or other family date
- Write a letter to them
- Release butterflies
- Blow bubbles
- Take the day off and be with family
- Make a video of photos/videos
- Donate to a cause in memory of them
- Light a candle
- Plant a tree/flowers
- Hold a charity drive in their name
- Make or buy jewelry
- Participate in a memory walk in their name
- Speak their name

